

Doomadgee

COVID-19 Vaccination Clinic



Get vaccinated to make sure that corona-virus doesn't come here
Coronavirus (COVID-19) can cause serious ongoing health issues. Being vaccinated is beneficial not just for you, but for all of us.



The COVID-19 vaccine is **SAFE**. There is good evidence it will protect you against serious illness from the virus.

Vaccination days: 26th April to 30th April (1000hrs - 1800hrs)

Vaccination location: Doomadgee PCYC Building

Do your part to keep our mob safe.
We're all in this together.



**GET
VACCINATED**

Get vaccinated, to help protect yourself and the community from COVID-19.

More questions?

Speak to your local health workers, doctors and nurses for advice.



**Queensland
Government**

Coronavirus Vaccines

Coronavirus isn't going to go away

- Most Australians haven't had coronavirus so it is still a new disease for us
- Soon borders will open again and people will travel more
- Covid would spread fast in our communities if we aren't vaccinated. It would cause lots of deaths and sickness
- The vaccine will make our bodies recognise covid when we get it, then it can fight it off quickly

Which vaccine and is it safe?

- Most people in Australia, including Aboriginal and Torres Strait Islander people will get a Covid-19 vaccine called Astra Zeneca (AZ vaccine)
- You will need 2 doses for the best effect and protection. There should be about 3 months between dose 1 and dose 2
- There has been lots of testing and trials and now *millions* of people and many First Nations people have had Covid-19 vaccines. The vaccine is safe and effective
- There are no specific safety concerns that relate to First Nations peoples or people with chronic illnesses like diabetes and heart disease

How does it work?

All vaccines train our bodies to defend ourselves against diseases. The Covid-19 vaccines contain the message our body needs to fight coronavirus. Once vaccinated, you may still be able to catch the virus but you won't get as sick: your immune system will recognise Covid-19 and will be ready to defend your body against it fast.

You can't get coronavirus from the vaccine as it doesn't contain any coronavirus or parts of coronavirus. It only contains the message our body cells need to be able to quickly recognise coronavirus in the future.

Side Effects of the AZ vaccine

Just like after babies have their needles, most adults will have a sore arm and may feel a bit like they have the flu for a day or so. This disappears quickly and shows your immune system is responding to the vaccine

- **Common:** Sore arm, fever, headache, feeling tired, muscle pain
- **Most people** feel worse on day 2, a few might want to stay home in bed
- **Very rare:** allergic reactions like anaphylaxis. This can be treated at the clinic

You can take paracetamol (Panadol) if you need to. If you are worried about a side effect, see your doctor or clinic

What about blood clots?

Many people get blood clots for lots of reasons, especially when they are older. Reviews have shown that the vaccine does not cause people to get blood clots

What about fertility and long term side effects?

Most long term-side effects show up in the first 3 months after vaccinations. This time period has passed in countries who began vaccinating in 2020. There is no evidence of any long-term effects from the Astra Zeneca vaccine, and no effect on fertility of women or men

What about my medications?

Covid-19 vaccines don't interfere with any medications

Who should get the AZ Vaccine

The vaccine gives extra protection to you, your family, community and Elders and reduces the community's risk of Covid-19 outbreaks. As many people as possible over 18 years of age should get the vaccine

AZ vaccine is safe for people with:

- Diabetes, heart or lung problems, kidney disease, arthritis, high blood pressure
- Breast feeding or planning a pregnancy
- Severe allergies
- Problems with immunity from disease or treatment (but the vaccine might not work as well on a weak immune system).

You shouldn't have the vaccine if you are allergic to any of the ingredients. You shouldn't get another AZ vaccine if you have a *severe* reaction to the first dose (this is very rare)

Until we get more information, AZ vaccine is not recommended for:

- Pregnant women (but so far, no problems seen overseas)
- Children under 18

COVID vaccines are free. They are not compulsory

Get more information

Talk to trusted health workers. Avoid rumours and fake news on social media

See also expert websites like NACCHO and Qld Health

www.health.gov.au

www.qld.gov.au/covid19vaccine

www.naccho.org.au



March 2021



**Queensland
Government**





COVID-19 Vaccination Information

We have done a great job to keep COVID-19 out of our North West Queensland communities. Safe and effective vaccines will continue to protect us from COVID-19. The vaccines will be free and voluntary.

The Australian Government has a plan on distributing the vaccines in Australia.



A staged rollout of the vaccines has now started at some hospitals in Queensland. You will be told when the vaccine is available in your North West Queensland community.

Some vaccines have now been approved, so please rest assured that the approved vaccines will be safe and effective. Australia's medicines regulator, the Therapeutic Goods Administration (TGA), has strict standards when approving vaccines.

The plan outlines priority groups, the locations and the phases in which vaccine doses will be available in Australia.

The vaccine is free, safe and effective and will help protect our community from COVID-19.

You can choose if you want to get vaccinated. However, by getting it, you will help protect yourself, Elders, your loved ones and your community from COVID-19.



As you may know, Aboriginal and Torres Strait Islander adults have been identified as a priority group for vaccination. This is because there is a higher risk of getting and developing serious illness from COVID-19 due to a number of factors.

This may include a higher rate of chronic health conditions and in some cases crowded-living conditions, which increases the risk of spreading the infection.

The Australian Government is working closely with state and territory governments and the National Aboriginal Community Controlled Health Organisation (NACCHO) to ensure COVID-19 vaccines are easily accessible to everyone, including remote communities.

COVID-19 vaccines are just one part of keeping the community safe and healthy. People and communities have done a great job so far in staying COVIDSafe.

It will be essential to continue practising COVIDSafe behaviours. This includes regularly washing your hands and keeping two big steps away from others.

For more information:
Call 134 COVID (13 42 68),

or visit
www.qld.gov.au/covid19vaccine



INFORMATION ABOUT

Coronavirus (COVID-19) Vaccination

The COVID-19 vaccines are safe and effective and offer strong protection against COVID-19. Having a COVID-19 vaccine is an important step to take to reduce the serious effects of COVID-19 in people who become infected with the virus.

HOW IS THE COVID-19 VACCINE GIVEN

The vaccine is given via an injection into your upper arm by a health professional who has been trained in giving the COVID-19 vaccine.



WHO CAN GET THE COVID-19 VACCINE

The AstraZeneca COVID-19 vaccine is suitable for people aged 18 years and older.



WHO SHOULD NOT GET THE COVID-19 VACCINE

You must not get a COVID-19 vaccine if you have had any of the following: Anaphylaxis (a severe allergic reaction) to a previous dose of the same COVID-19 vaccine to any ingredient of the COVID-19 vaccine.

At this stage, COVID-19 vaccines are not routinely recommended to be given during pregnancy as there is limited experience with the use of COVID-19 vaccines in pregnant women. As we learn more about the vaccines, this advice may change.

If you are pregnant, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before you receive this vaccine.

1. The vaccine will be given as an injection, into your upper arm muscle. If possible, wear a short sleeve shirt to make it easier.
2. You must bring appropriate identification to your COVID-19 vaccination appointment.
3. When you get to your appointment you must let your immunisation provider know any allergies.



4. You must remain in the vaccination clinic for observation for at least 15 minutes after vaccination in case an allergic reaction occurs. If you have a history of severe allergy you will be asked to wait in the clinic for 30 minutes.
5. Remember your second appointment.
6. It is important that you receive two doses of AstraZeneca, at least several weeks apart. Maximum protection against COVID-19 will not occur until at least a week after your second dose.

IF YOU HAVE QUESTIONS ABOUT THE COVID-19 VACCINE BEFORE YOUR APPOINTMENT, CONTACT 134 COVID (13 42 68) FOR 24/7 ADVICE.


North West
Hospital and
Health Service